

HC DrugFree

HC DrugFree: Keeping Howard County *in the KNOW!*
...knowledge is power, so just say KNOW

Registration Open! **FREE!! Summer Life Skills Classes** **for HoCo Middle & High Schoolers** (Elementary Schoolers will be considered)

Classes Taught by HoCo College Students with High School Students Assisting

HC DrugFree will provide another series of FUN and interactive skills-based classes designed to promote positive health and personal development. This curriculum was designed for students in **grades 6 to 9**; however, for **slightly younger or older students**, we will consider each request. **We encourage siblings and friends to register and learn together!**

High schoolers also have the opportunity to volunteer to **join our instructional team, assist our college instructors, and earn Community Service Hours.**

Being on our instructional team looks good on college applications and resumes!!

The 8-class series will run for 2 weeks from Monday-Thursday on the following dates: **July 21, 22, 23, 24, and 28, 29, 30, 31** from **10:00 a.m. to 11:30 a.m.** on **Zoom**. We encourage students to attend all classes.

This program will use developmentally appropriate, collaborative learning strategies so students will learn skills that have been shown to help resist high-risk behaviors including substance use (vaping, alcohol and other drugs) and more. More information and registration links can be found on our [website](#).

If you have any questions, please [register](#) because that will be the fastest and easiest way for us to access all the information we need to reply. If you can't register, email us at LifeSkills@hcdrugfree.org



Click here to register HoCo Middle School Students (and HoCo High School Students who want to join our Instructional Team to earn Community Service Hours)

Being a kid is fun in the sun until they get burned.

Help your child learn how to navigate life's unpredictable waves with our Free Life Skills Class.



Frequently Asked Questions:

Who is eligible to participate?

How are classes held?

When do I have to be available?

Howard County students in grades 6-9. If your student is slightly older/younger, please register and we will consider each request.

We encourage siblings/friends to enroll together.

Life Skills sessions will be held online. The links will be provided prior to each class. Please ensure that you have downloaded Zoom prior to our sessions beginning.

Students need a personal device equipped with a webcam and high-speed internet access.

Monday through Thursday for 2 weeks:
July 21, 22, 23, 24, 28, 29, 30, and 31
from **10:00 a.m. to 11:30 a.m.** (We encourage students to attend all classes.)

Parents are not required to attend, but may be necessary to assist children with login if they are unable.

Thank you to our funders: the Howard County Health Department, MD Department of Health, and SAMHSA.

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HCDrugFree

For more information, contact

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