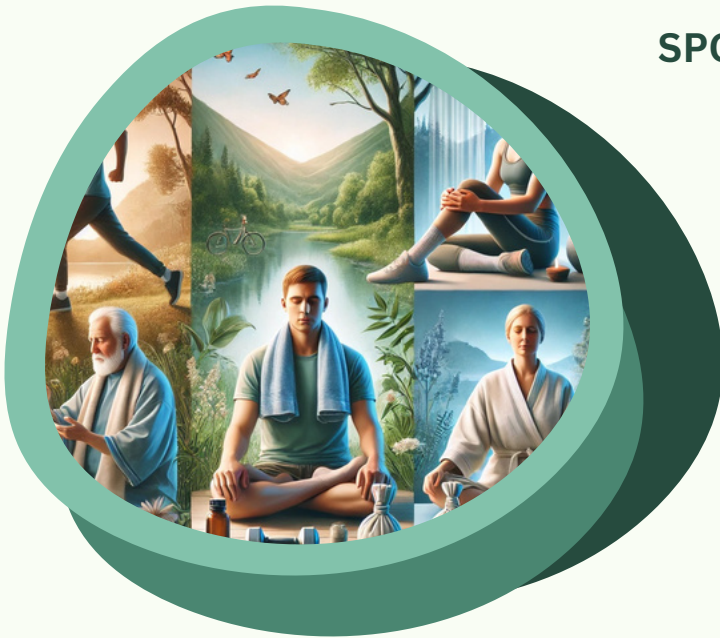


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Beyond Medications:

INNOVATIVE APPROACHES FOR CHRONIC PAIN RELIEF

SATURDAY, SEPTEMBER 14TH, 2024

10:30AM - 12:00PM

MILLER BRANCH PUBLIC LIBRARY

AVALON MEETING ROOM

9421 FREDERICK ROAD, ELLICOTT CITY

WITH PRESENTATIONS FROM:

TRAVIS N. RIEDER, PhD, *THE OPIOID DILEMMA FOR PAIN MEDICINE*

BRIAN MORRISON, D.C., *IT'S TIME TO RETHINK CHRONIC PAIN*

LYDIA NEMIROVSKY, MS, OTR/L, *LIFESTYLE STRATEGIES FOR PAIN RELIEF*

MICHELLE PEARCE, PhD, NBHWC, *CHANGE YOUR THOUGHTS, CHANGE YOUR PAIN (AND YOUR LIFE!)*

OLGA CAMPORA, PhD, *ACTIVE HEALING: PRACTICAL STEPS TO PROCESS PAIN IN THE BODY*

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USING THE QR CODE ABOVE**