



**HC DrugFree: Keeping Howard County *in the KNOW!*  
...knowledge is power, so just say KNOW**

**"I follow three rules: Do the right thing, do the best you can,  
and always show people you care."**

*-Lou Holtz*

### **Save the Date!**

**March 12 - April 16 [Guiding Good Choices® FREE Parenting Classes](#)**

**March 18 [TAC TALKS - HoCo Teen Listening Session](#)**

**April 14 [HoCo Student Film Festival Submissions Due](#)**

**April 16 [Parenting Strategies: How to Talk about Drug Use in Popular Media](#)**

**April 27 [Drive-Thru Medication & Sharps Disposal](#)**

**May 3 [HoCo Student Film Festival](#)**

### **Have a Game Plan**



Whether you're throwing a Super Bowl party or just attending one, now is the time to strategize the most important part of your game plan for the big game: a shutdown defense that prevents driving under the influence of any substance. Make a game plan that gets you and the rest of your team home safely! Enjoy the game and have a fun and SAFE Super Bowl Sunday!

## New! HC DrugFree is Hiring

HC DrugFree is looking for self-motivated Howard County professionals with a heart for people of all ages in our great community. Those with educational, public service, or nonprofit experience are strongly encouraged to apply. All candidates must pass a background check and possess strong organizational skills, writing skills, and computer skills.

*Join the Team!*



**Individuals with teaching and leadership experience are strongly encouraged to apply.**

**We strongly encourage individuals retired or about to retire from HCPSS to apply!**

## Part-Time to Full-Time Educational Outreach Coordinator Start Date: Immediate

HC DrugFree has an **immediate opening** for a part-time or full-time **Educational Outreach Coordinator** with potential for advancement within the organization. This position is ideal for a **highly professional, energetic, and self-motivated** individual, able to excel in a dynamic team environment. Currently, the position is primarily remote, but in-person work is required for events and meetings.

[Learn More & Apply Now](#)

## Part-Time Marketing & Outreach Assistant Start Date: Immediate

**Immediate opening** for a part-time **Marketing & Outreach Assistant** with potential for advancement within the organization. This position is an excellent opportunity for someone with a passion for community engagement, marketing, and technology. Currently, the position is primarily remote, but in-person work is required for events and meetings.

[Learn More & Apply Now](#)

Register NOW!! Build Stronger Bonds with Your Kids!

## FREE PARENTING CLASS



Back by popular demand! Our FREE Parenting class, Guiding Good Choices®, is an evidence-based curriculum that helps adults to build stronger relationships with their kids, all while teaching them how to deal with peer pressure and avoid risky behaviors. Series of 5 classes begins on March 12 from Noon – 1:30 p.m. via Zoom. [Learn More & Register](#)

Save the Date: Drive-Thru Medication & Sharps Disposal



**Saturday, April 27, 2024 • 10 a.m. – 2 p.m.**  
Wilde Lake Village Center Parking Lot near the CA Swim Center

Bring expired or unwanted medication or sharps to HC DrugFree's twice-a-year drive-thru Medication & Sharps Collection. Properly dispose of items (please don't flush them!) to prevent misuse.

**We are accepting:**

- Prescription medication
- Over-the-counter medication
- Vitamins
- Veterinary medication
- Vape devices (with the batteries removed, please!)
- Inhalers
- Sharps (EpiPens, syringes, needles, etc.) [Learn more](#)

## Resources

**Reverse Opioid Overdose:** [Click here](#) to contact the Howard County Health Department to receive free training and Narcan kit.

**Help for Depression, Suicidal Thoughts or Other Mental Health Issues:**  
Call or text 988.

**Substance Use Disorder Regional Residential Treatment Guide:** [Click here](#) to download the guide.

**Additional Resources:** [HC DrugFree Hotlines & Resources Page](#)

For more information, contact

Joan Webb Scornaienchi  
Executive Director  
HC DrugFree  
5305 Village Center Drive, Suite 206

Wilde Lake Village Center  
Columbia, MD 21044  
Admin@hcdrugfree.org  
[www.hcdrugfree.org](http://www.hcdrugfree.org)



HC DrugFree | Wilde Lake Village Center, 5305 Village Center Drive, Suite 206, Columbia, MD 21044

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