

Bilingual Behavioral Health Resources

*This list is not exhaustive. For tips on how to locate additional clinicians, see Community Resources on pg 2.
Please verify that the provider accepts your insurance or provides sliding scale fees before scheduling.

Psychiatrists

Dr. Padder

Spanish, Kashmiri, Nepali,
Hindi, Urdu

[MPB Group](#)

410-730-2385

Dr. Xiu-Di Fan

Cantonese, Mandarin

STARR Behavioral Health
443-955-8683

Dr. Stephanie Durruthy

Spanish

410-774-6535

Dr. Alok Rawat

Some Hindi, Spanish

[Daybreak Psychiatry](#)

410-305-9083

Dr. Enoch Barrios

Spanish

Behavioral Health Associates
410-997-7373

Therapists

Spanish:

Dr. Ana Garcia Fernandez

[Crossroads](#)

410-964-0425

Dr. Dayli Marrero

Behavioral Health Associates

410-927-5502

Gisela de la Peña Baptiste,

LCPC

Adult & Adolescent Counseling

443-400-7948

Juana Sancho Davila

Moreland, LICSW-C

202-374-8322

Iris Thomas, LCSW-C

[http://www.](http://www.yourkidscanchange.com/)

[yourkidscanchange.com/](http://www.yourkidscanchange.com/)

410-730-2240

Rebecca Guy

[Milestones Counseling & Consulting](#)

443-574-4295

Dr. Samantha Marks

<https://samanthamarks.com/>

410-740-3240

Marisa Josiah, LCPC

410-884-6031

Roberto Huie, LCSW-C

410-292-9809

Cindy Cisneros, LCPC-S, LPC

443-741-2294

Dr. Sulivette Nater-Hernandez

443-393-6742

Dr. Indra López Sabina

410-480-8052

Other Languages:

Anshu Basnyat, LCPC

Nepali, Hindi

[The Empowered Parent](#)

443-574-3430

Dr. Victoria Lee

Korean

410-220-6908

Dr. Hyeslin Park, LCSW-C

Korean

603-664-3099

Hetal Patel, LCSW-C

Hindi & Gujarati

410-941-4129

Dalia Al-Mansy

Arabic

[Lumos Counseling & Wellness](#)

443-741-1198



Promote. Preserve. Protect.

Practices/Agencies

Chase Brexton Behavioral Health

Spanish

5500 Knoll N Dr #370,
Columbia, MD 21045
410-837-2050

MPB Group

Spanish

6440 Dobbin Rd, Suite D,
Columbia, MD 21045
410-431-0402

Anne Arundel Counseling

Spanish

8840 Stanford Blvd, Suite 1700,
Columbia, MD 21045
410-768-5988

Innovative Therapeutic Services

Spanish

14440 Cherry Lane Court, Suite
208, Laurel, MD 20707
301-604-1458

Congruent Counseling

Mandarin

10630 Little Patuxent Parkway,
Suite 209, Columbia, Maryland
21044
410-740-8066

Psych Associates of Maryland

Many languages

9520 Berger Rd #203, Suite
203, Columbia, MD 21046
therapy@pamllc.us
410-823-6408

Kennedy Krieger Center for Child & Family Traumatic Stress

Spanish

9730 Patuxent Woods Drive,
Columbia, MD 21046
443-923-5980

Community Resources

Howard County Health Department

8930 Stanford Blvd, Columbia, MD 21045

Immigrant Behavioral Health Services - 410-313-5711

Behavioral health services for undocumented & uninsured individuals.

Howard County Bureau of Access to Care - 410-313-5845

Apply for health insurance, MCHP, Medicaid transportation, and more. Resources available in multiple languages.

Community Action Council

9820 Patuxent Woods Drive, Columbia, Maryland 21046
410-313-6440

CAC website – access food pantries, utility & housing assistance, Head Start, and more.

Howard County Network of Care

<https://howard.md.networkofcare.org/mh/> - locate mental health resources in Howard County; website translation available in many languages.

Visit hchealth.org or call 410.313.6300 for more information.





Community Resources (continued)

Columbia Community Care

Wednesdays 5-8 pm, Saturdays 10:30 am - 1:30 pm

<http://columbiacare.live/> - access food, personal care, and household items at 3 locations:

Stevens Forest Neighborhood Center, 6061 Stevens Forest Rd, Columbia, MD 21045

Long Reach Village Center, 8775 Cloudleap Ct, Columbia, MD 21045

Wilde Lake Interfaith Center, 10431 Twin Rivers Rd, Columbia, MD 21044

Foreign-born Information and Referral Network (FIRN)

5999 Harpers Farm Rd, Suite E-200, Columbia, MD 21044

410-992-1923

<https://www.firnonline.org/> - access legal services, community and family services, translation and interpretation services, and more.

Maryland Coalition of Families

410-730-8267, press 2 for Spanish

<http://www.mdcoalition.org/> - Family Peer Support Specialists provide youth mental health resources & referrals.

North Laurel MultiService Center

9900 Washington Blvd, Suite I, Laurel, MD 20723

410-313-0220

[MultiService Center website](#) – access food pantry, social services, utility assistance, Veteran’s Affairs, WIC, and more.

Howard County CARE Line

410-313-CARE (2273)

[Resource and referral service](#) for locating child care, parenting and mental health support, and more.

Parents as Teachers

410-313-1940

[Home visiting program](#) that provides families with information about child development & school readiness. Group connections (available in Spanish) provide parents with peer support.