

**HC DrugFree is keeping Howard County
In the KNOW!!!**

Save The Date! Drive-Thru Medication and Sharps Collection

The next drive-thru medication and sharps (needles, syringes and EpiPens) collection will be held on Saturday, April 25 from 10 a.m. to 2 p.m. in the Wilde Lake Village Center parking lot. Bring all unwanted and expired over-the-counter and prescription medication. Free. Open to the public. No need to get out of your vehicle. More information and a flier will be shared in future updates. Medication will be guarded and transported by the Howard County Police and the Drug Enforcement Administration.

Plan to volunteer and ask your company to be a sponsor!

Save The Date! Senior Week: Staying Safe in Ocean City

The two 2020 Senior Week: Staying Safe in Ocean City programs will be held on Monday, March 30 at Atholton High School and Monday, April 27 at Howard High School. Free. Open to the public. Both programs will be at 7:00 p.m. in the school auditorium. This program is for students and parents/adults. Come hear from the Ocean City Police and a former member of the Ocean City Beach Patrol (and current HCPSS administrator). No matter your age, if you plan to go into the ocean, this is a good program for you. More information and a flier will be shared in future updates.

Registration Open! Attend Howard County Parenting Classes

HC DrugFree and the State's Attorney's Office are offering another series of parenting classes. Guiding Good Choices is an evidence-based, interactive prevention program that provides the families of children age 9-14 with the skills and knowledge to reduce the risk that their children will use drugs.

The program is for parents. Children age 9-14 are invited to attend the third session with their parents.

After completing the program, families will be able to:

- Influence their children to help prevent drug use and other risky behaviors.
- Develop clear family guidelines and expectations about drug use.
- Teach children how to stay out of trouble, keep their friends and still have a good time.

Dates: Tuesdays, March 10, 17, 24, and 31 (Parents are expected to attend all 4 classes.)

Time: 5:30 p.m. – 8:00 p.m.

Location: Oakland Mills Middle School, 9540 Kilimanjaro Road, Columbia

To register, visit <https://www.surveymonkey.com/r/March2020oms>

[Click here](#) for a printable PDF flier.

For more information, contact HC DrugFree's Executive Director, Joan Webb Scornaienchi. Funding provided by the Howard County Health Department, the MD Department of Health, and SAMHSA.

Patients with Newly Diagnosed Musculoskeletal Pain Prescribed Opioids

According to a recent study, patients with newly diagnosed musculoskeletal pain are prescribed opioids more often than counseling, physical therapy, and other nonpharmacologic approaches during their first visit. [Click here](#) to read more about the study.

Teen Advisory Council (TAC) Meeting

All Howard County high school students: HC DrugFree's next TAC meeting will be held on Monday, March 16 from 5:30 p.m. to 7:00 p.m. at The Barn (The Columbia Association's Teen Center) located in The Oakland Mills Village Center. Must RSVP to Admin@hcdrugfree.org for each meeting. TAC follows the HCPSS school cancellation policies. Visit the TAC page at <http://www.hcdrugfree.org/teen-advisory-council-1/> to find registration forms.

Companies and Individuals: Sponsor Howard County Events

HC DrugFree depends upon the generosity of individuals, PTSAs/PTAs, organizations, and businesses in the community to support our free services to the Howard County community. Any size gift is welcome. Contact us to sponsor an event or to make a one-time or monthly donation. Thank you for your support.

HC DrugFree is a 501(c)(3). [Donate online](#) or mail checks to HC DrugFree.

HC DrugFree Is Proud to Partner with PTSAs/PTAs

Thank you to the following PTSAs/PTAs for donating to HC DrugFree this school year *and let's keep this list growing*. If your PTSA/PTA is not on the list, please encourage them to join us as we work to keep Howard County youth and families informed and safe:

9 High Schools PTSAs:

Atholton High School PTSA
Centennial High School PTSA
Hammond High School PTSA
Long Reach High School PTSA
Marriotts Ridge High School PTSA
Mt Hebron High School PTSA
Oakland Mills High School PTSA

10 Middle School PTAs/PTSAs:

- Bonnie Branch Middle School PTA
- Burleigh Manor Middle School PTA
- Clarkville Middle School PTA
- Dunloggin Middle School PTA
- Elkridge Landing Middle School PTA
- Folly Quarter Middle School PTA
- Glenwood Middle School PTSA
- Mayfield Woods Middle School PTA
- Murray Hill Middle School PTA
- Patuxent Valley Middle School PTA

Thank you!

Resource Directories for Youth and Adults

Howard County has resource directories available to help you find treatment providers and other services. [Click here](#) for health services and [click here](#) for youth services.



Medication Storage

Be sure to safely store or properly dispose of your medication. Storage boxes are available at HC DrugFree's office. Please contact our staff to arrange a time to pick up a box and let us know what other resources you need.



Free Resources

Please contact our staff to let us know what resources you need. We have free magnets with emergency contact information and brochures about drugs including alcohol, marijuana, vaping, cigarettes, etc.





For more information, contact
Joan Webb Scornaienchi, Executive Director
HC DrugFree
5305 Village Center Drive, Suite 206
Wilde Lake Village Center
Columbia, MD 21044
443-325-0040
Info@hcdrugfree.org
www.hcdrugfree.org

Donate

